January 8th, 2024

Parents & Guardians:

Influenza season has arrived, and a high incidence rate has been reported in the area. We are also seeing a high rate of gastrointestinal viruses, strep, and other common illnesses. Please be mindful of the illness policy and keep your students at home when they are feeling ill. See the guidelines below to help determine if your student should stay home and when they are able to return. We appreciate your help in keeping our students and staff healthy! **Your child is too sick to go to school and should remain home if any of these symptoms are present:**

- *Has a temperature of 100 degrees or above. When your child has been fever-free for 24 hours (WITHOUT FEVER-REDUCING MEDICATION), is feeling better and has no other symptoms, he/she may return to school.*
- *Has pain from earache, headache, sore throat, or a recent injury that interferes with their daily activity.*
- *has a consistent cough that interferes with the child's daily routine.*
- *Has vomiting or diarrhea. (Must be free of symptoms for 24 hours before returning)*
- *Has green or yellow drainage from the eyes.*
- *Has broken out in an unknown/contagious rash.*
- *Has a contagious disease such as chickenpox, strep throat, pinkeye, or COVID-19. (call nurse if unsure when student can return, follow doctors order and 24-hour rule for most illnesses)*

These will be the same symptoms that will determine if your child will be sent home from school. If your child is sent home from school with a fever, they should be **fever-free for 24 hours without fever reducing medication and/or on antibiotics for 24hours** before returning to school.

Thank you for helping keep our staff and students healthy this year!

Rebecca Baker RN, MSN   Erica Brown RN, BSN
Licensed School Nurse   School Nurse
746-8969 Ext 242   746-8969 Ext 134
Rebecca.Baker@carlisleindians.org   erica.brown@carlisleindians.org